



YOUR DATING RIGHTS...

- I have the right to refuse a date without feeling guilty.
- I have the right to ask for a date without being "crushed" if the answer is "no".
- I have the right to choose to go somewhere alone without having to pair up with someone.
- I have the right not to be "macho" or "seductive".
- I have the right to say "no" to physical closeness.
- I have the right to say, "I want to get to know you better before I become more involved."
- I have the right to say, "I don't want to be in this relationship anymore."
- I have the right to an equal relationship.
- I have the right not to be abused physically, sexually, or emotionally.
- I have the right to change my goals whenever I want.
- I have the right to have friends and space aside from my partner.
- I have the right to refuse sex at any time, for any reason.
- I have the right to tell my partner when I need affection.
- I have the right to be heard.

I also have the right...

- To express my opinions and have them respected.
- To have my needs be just as important as my partner's needs.
- To grow as an individual, in my own way, at my own pace.
- To change my mind at any time.
- To not take responsibility for my partner's behavior.
- To tell my partner not to interrupt me.
- To break up and fall out of love with someone and not be threatened.
- I always have the right to be safe.

Source: Family Violence Network Dating Violence Program; Clark, V.D. & Clark, D.O. "What You Should Know About Relationship Violence", Texas A&M University